



American
Heart
Association®

LEARN CPR

For drowning, the American Heart Association recommends rescue breaths along with compressions.



REMEMBER LIFE JACKETS

Half of all boating deaths could be prevented with their use.

LEARN TO SWIM

Drowning is the leading cause of death in children between ages 1 and 4.

SECURE THE POOL

Install fencing with self-closing gates at least 4-feet high to separate the pool from the house and yard.

STAYING SAFE *in the water*

TEACH SAFETY

Talk about risky behavior: diving or swimming in unfamiliar water, and alcohol or drug use while in or near water.



FAMILY'S SAFETY PLAN

It's important for everyone in the family to be trained in CPR.

NO DIVING!

NO RUNNING!

CLEAR OUT POOL TOYS

Make sure children aren't tempted to play unsupervised.

